



Reading Activity

1. Skimming: What is the main topic of the text?

- a) Watching movies b) Study routines c) Daily routine d) Household chores



Merve is always bright and early. She wakes up at 6:45 every day. After she gets out of bed, she makes her bed. She takes a shower, combs her hair carefully, and gets dressed neatly. She usually checks her phone quickly before leaving home. Sometimes she recharges her phone if the battery is low. She often walks to school, but on cold days she takes the bus. Merve always attends classes on time. She enjoys learning and never misses a lesson. After classes, she has a short break with her classmates. Then, she leaves school and returns home to relax or watch a documentary. Merve believes daily routines help her stay focused. She says, "Work hard, play later!"

2. Read the text. Find and write:

A. Three things Merve does before school.

-
→
→

B. Three things Merve does at school.

-
→
→

3. Put Merve's morning routine in the correct order. Number them 1–10.

- | | |
|--|---|
| a. <input type="checkbox"/> leaves home for school | f. <input type="checkbox"/> wakes up at 6:45 |
| b. <input type="checkbox"/> makes her bed | g. <input type="checkbox"/> cleans her face |
| c. <input type="checkbox"/> checks her phone | h. <input type="checkbox"/> gets dressed neatly |
| d. <input type="checkbox"/> gets out of bed | i. <input type="checkbox"/> recharges her phone (sometimes) |
| e. <input type="checkbox"/> combs her hair | j. <input type="checkbox"/> takes a shower |

4. Read the text again and answer the questions.

- | | |
|---|--|
| a. How does Merve go to school on cold days?
..... | c. What does she do after school?
..... |
| b. What time does Merve wake up every day?
..... | d. How often does Merve walk to school?
..... |



Listening Activity

5. Listen to the dialogue between the teacher and Daisy and tick the correct answers. (Tapescript 9.2.1)

Does Daisy at weekends?

YES NO

1. . . . wake up early . . .		
2. . . . go to school . . .		
3. . . . do any tasks . . .		
4. . . . go shopping . . .		
5. . . . go to bed late . . .		



Writing Activity

6. Take Elif's text as a model. Write a similar text (at least 8 sentences). Use the guide below.

My name is Elif. I always wake up at 7:00. After I get out of bed, I make my bed and clean my face. I usually comb my hair neatly. Then I get dressed, check my phone quickly, and leave home. I often walk to school, but when it rains, I take the bus. At school, I attend classes and take notes carefully. During the break, I sometimes relax with my classmates in the garden. After school, I return home and relax for a short time. In the evening, I plan my tasks and study. I highlight important words and repeat them to learn by heart. I call it a day when I finish my tasks.

● **Introduce yourself:**

- name, age, where you live, and what time you usually wake up.

● **Morning Routine**

- Describe what you do after you wake up: getting out of bed, making your bed....

● **At School**

- Explain how you go to school.
- Talk about your classes and what you usually do during breaks.

● **After School**

- Say what you do when you return home: relaxing, watching TV/series, helping with household chores....

● **Closing**

- Write a final sentence about why daily routines are important for you (e.g., "Daily routines help me stay focused" / "I call it a day when I finish my tasks").



Reading Activity

7. Read the speech bubbles and answer the questions.



I usually go to the canteen with my classmates. We relax and chat, and sometimes we check our messages.

Sophie



I study with my best friend. We read silently, repeat words, and quiz each other. It helps us keep up with lessons.

James



I usually return home, relax for a short time, and then help my parents with household chores.

Grace



After finishing my tasks, I like watching a movie. It helps me relax before I call it a day.

Thomas



I always wake up at 6:30. I get out of bed, make my bed, and clean my face. Then I take a shower and get dressed neatly.

Amelia



On 29 October Republic Day, I always participate in the school ceremony. We sing songs, carry flags, and celebrate together.

Henry



Every Sunday, I go shopping with my family. We buy food and clothes, and sometimes we go to a café together.

Daniel



I often study in the evening. I plan my tasks, take notes carefully, and highlight important words. Sometimes I read aloud to learn by heart.

Linda

1. Who talks about his/her morning routine?
2. Who talks about after school routines?
3. Who talks about study routines?
4. Who talks about school break activities?
5. Who talks about weekend routines?
6. Who talks about studying together?
7. Who talks about a national celebration?
8. Who talks about relaxation habits?



Listening Activity

8. Listen to Philip's speech and complete the blanks. (Tapescript 9.2.2)

Hi everyone! My name is Philip, and I'd like to talk about my daily routine.

I usually(1) at 6:30 every morning. After I get out of bed, I make my bed and clean my face. Then I(2) neatly and get dressed.

Before I leave home, I quickly check my phone and sometimes recharge it.

I(3) walk to school with my sister, Clara.

At school, I always attend my classes carefully and take notes neatly. During the break, I chat with my(4) and relax for a few minutes.

After school, I return home and(5) with chores. In the evening,

I plan my tasks, highlight important words, and repeat them to learn by heart. Finally, I

.....(6), read in bed for about 20 minutes, and then fall asleep.



Speaking Activity

9. Use the speech card below and talk about your daily and study routines.



Speech Card

My Daily and Study Routines

First, think about your focus:

- Morning Routine
- At School (classes & break time)
- After School Activities
- Study Habits
- Weekend Routines
- Friendship & Classmates

Useful Phrases:

I usually wake up at ... and then I ...

Before I leave home, I ...

I go to school by ... / I walk to school.

In class, I always ... / During the break, I usually ...

After school, I ... and then I ...

In the evening, I ... to keep up with my lessons.

I call it a day when ...

My daily routine helps me ...

Useful Words Bank:

- wake up, get out of bed, make my bed, clean my face, shower, comb my hair, get dressed, check messages, recharge phone, leave home, attend classes, have a break, return home, watch a series, relax, do chores, go shopping, plan, work on tasks, take notes, repeat, highlight, focus, read aloud/silently, keep up with, get back to studying.



Take notes — get ready — stand up and speak!

